













### Group Culture

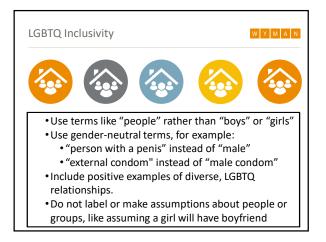


Facilitators should support safe space by facilitating the creation of a group culture with the understanding that all members are different, equal and important and that members of the group will actively care for, appreciate and include each other.

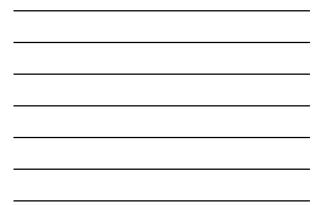
WYMAN



Facilitators should model and encourage interactions based on understanding and appreciation of one another's views, experiences and values.







### Facilitate & Model

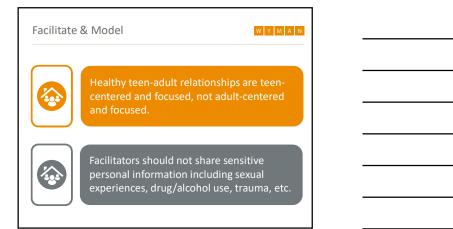
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# Teaching teens HOW to think, not WHAT to think.

### "How to Think, Not What to Think" Frame

# **Facilitator Should:**

- Not share their personal values
- Not present any value as "better" or "best"
- Not adopt or assume a shared values context for the group
- Show support for teens expressing opinions different from the majority of the group
- Bring up viewpoints not brought up by the group
- Uphold "universal values" of health and safety



### Facilitate & Model

### WYMAN

Even if we have good intentions, sharing sensitive personal information can negatively affect our relationship with a teen and/or their experience in program.

• There are a variety of reasons for this:

- A facilitator's sharing may influence participants. Participants may think, "They did it and turned out okay..."
- Participants may develop the idea that they are "too different" from the facilitator or group and feel judged, isolated or hesitant to talk to the facilitator in the future.
- Related to trauma, a facilitator's sharing may be triggering for a participant or influence participants to feel they need to take care of the facilitator.
- The facilitator's experiences may create a distraction from teens' own experiences and development.

# Facilitate & Model: If/When You Share

## **Be Intentional About Sharing:**

• If youth are hesitant to share first, the facilitator may share to start the conversation.

• Give examples from when you were an adolescent or close to that age. This is most relatable to participants.

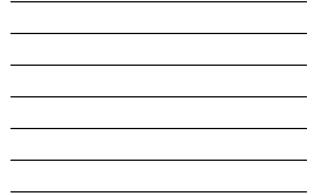
• If a youth is willing to go first, the facilitator should step back and allow the youth to share.

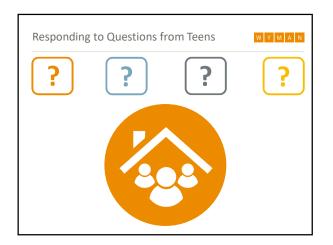
• If there is an extended pause in youth sharing, the facilitator may step up and share to continue dialogue.

• If youth are comfortable sharing and discussion is flowing,

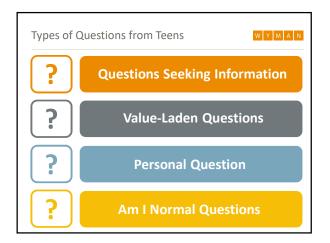
the facilitator may not need to share at all.



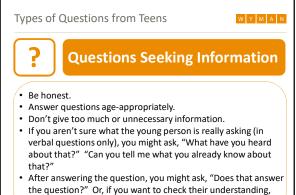












ask them to tell you what they understand.

# Types of Questions from Teens Image: Constraint of the provided straint of the provid

