



Overview of Bullying

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Adapted from R. Bradley Snyder



What is bullying?



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Imbalance of
power



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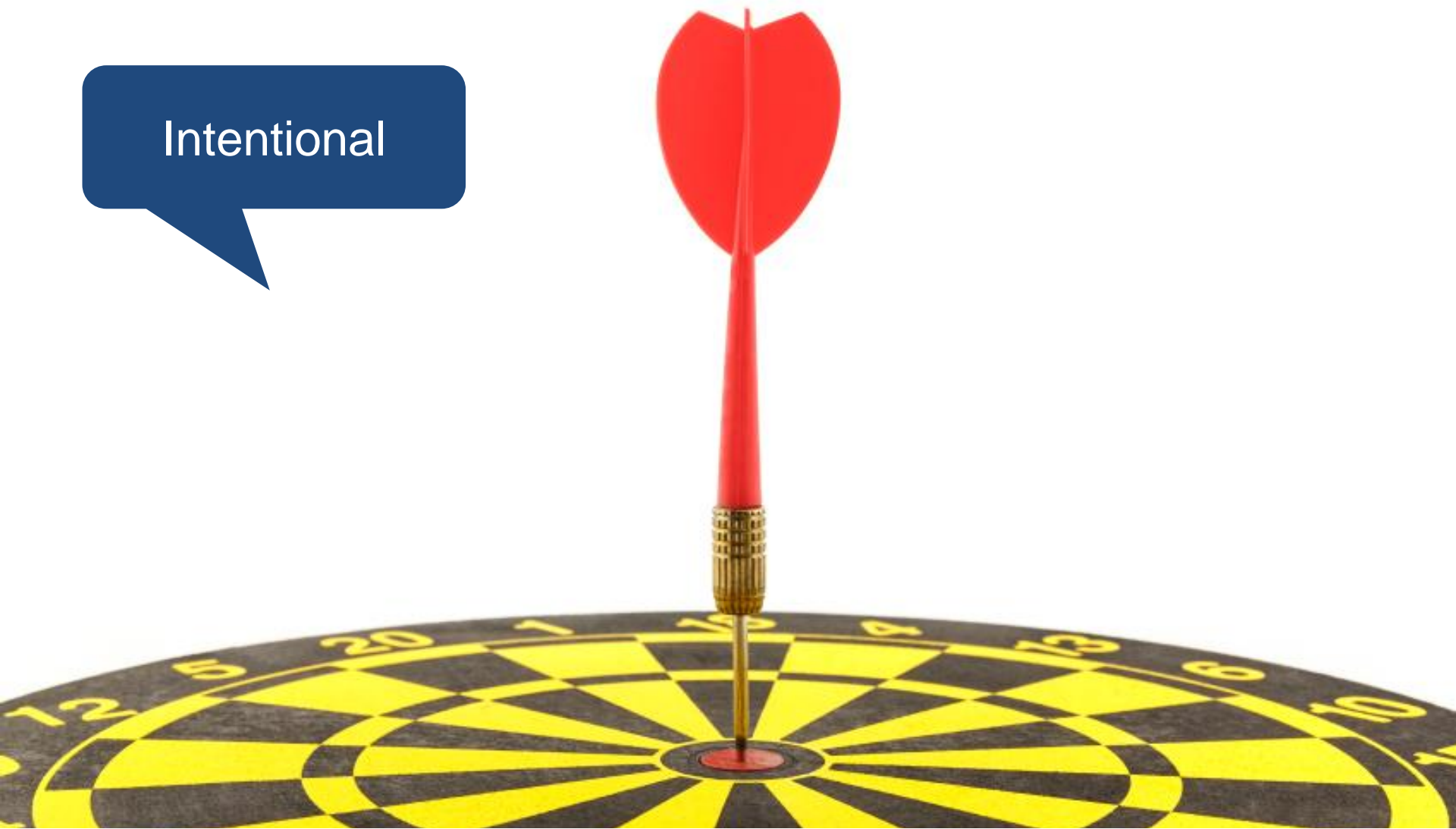
Repeated



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Intentional



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What is trauma?



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Trauma



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Event + Experience + Effect



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Adverse Childhood Experiences



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ACEs



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Witnessing domestic
violence

Having a parent in jail

Living with someone who has
an alcohol or drug problem

Experiencing socioeconomic hardship

Being treated or judged
unfairly due to race/ethnicity

Living with someone who is
mentally ill or suicidal

Being a victim or witness of
neighborhood violence

Experiencing divorce or
parental separation

Experiencing the death of parent



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BULLYING TRAUMA



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Which bullying is worse?



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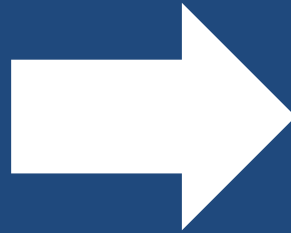
In-person bullying vs. Cyberbullying



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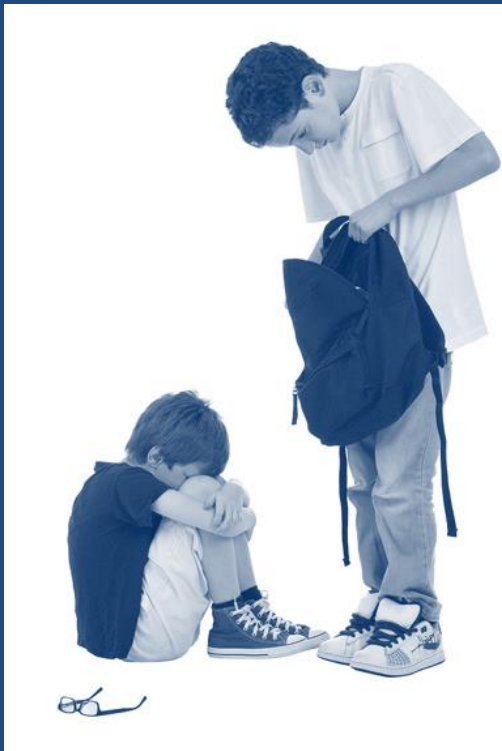
Bullying is linked to cyberbullying



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Eliminate in-person bullying and cyberbullying disappears



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How prevalent are bullying & trauma?



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RATES OF BULLYING & CYBERBULLYING

Youth Risk Behavior Surveillance System (YRBSS)

- School-based survey of 9th through 12th grade students
- Middle school surveys conducted by some states
- Representative sample
- Data from 2017

School Crime Supplement (SCS) to the National Crime Victimization Survey

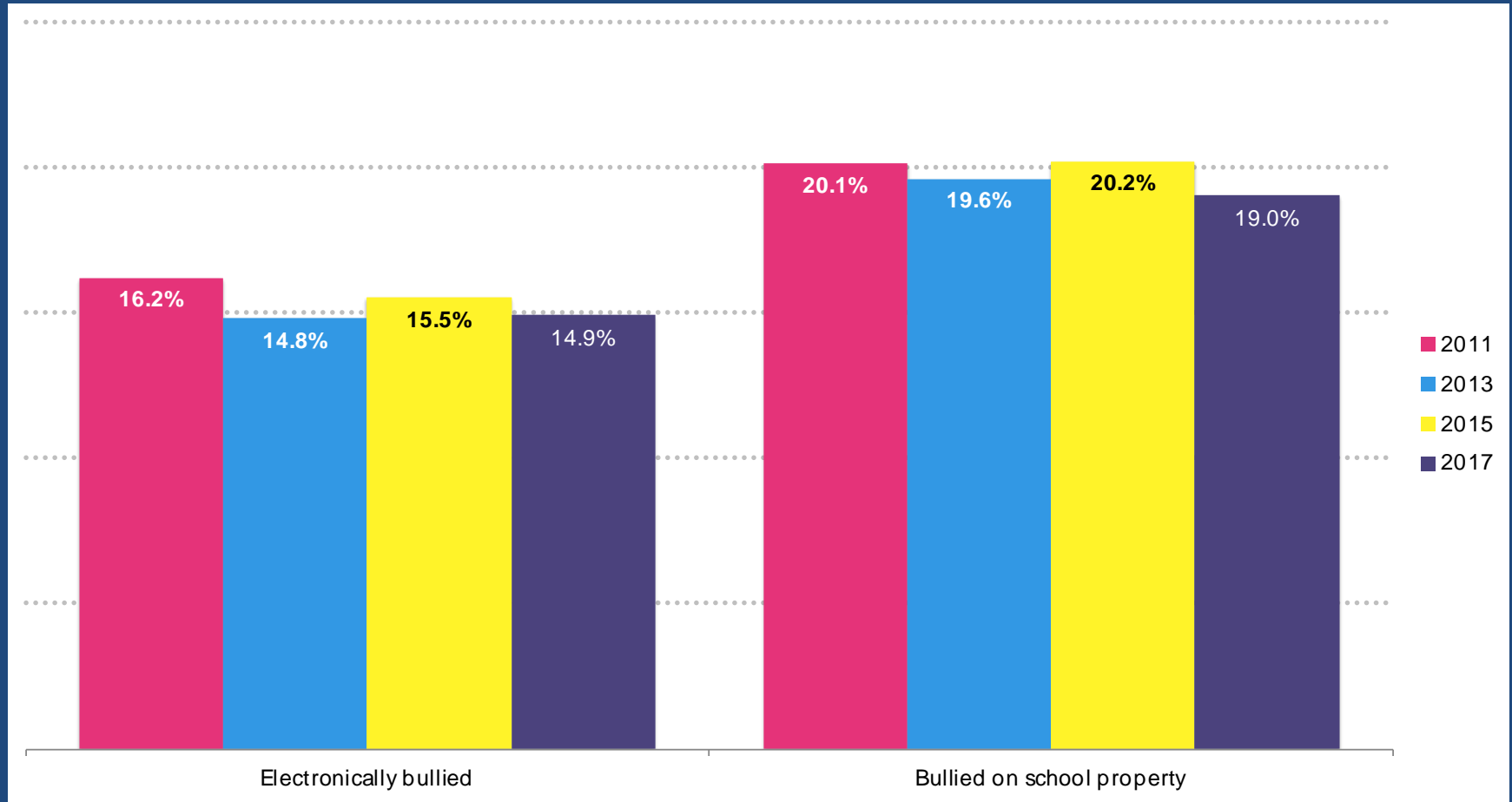
- Home interview of 12- to 18-year-olds overseen by the U.S. Census Bureau
- Representative sample
- Data from 2015

Arizona Youth Survey (AYS)

- School-based survey of 8th, 10th, and 12th grade students
- 57,170 students from 249 schools
- Demographically matches the universe of 8th, 10th, and 12th students in Arizona
- Data from 2018



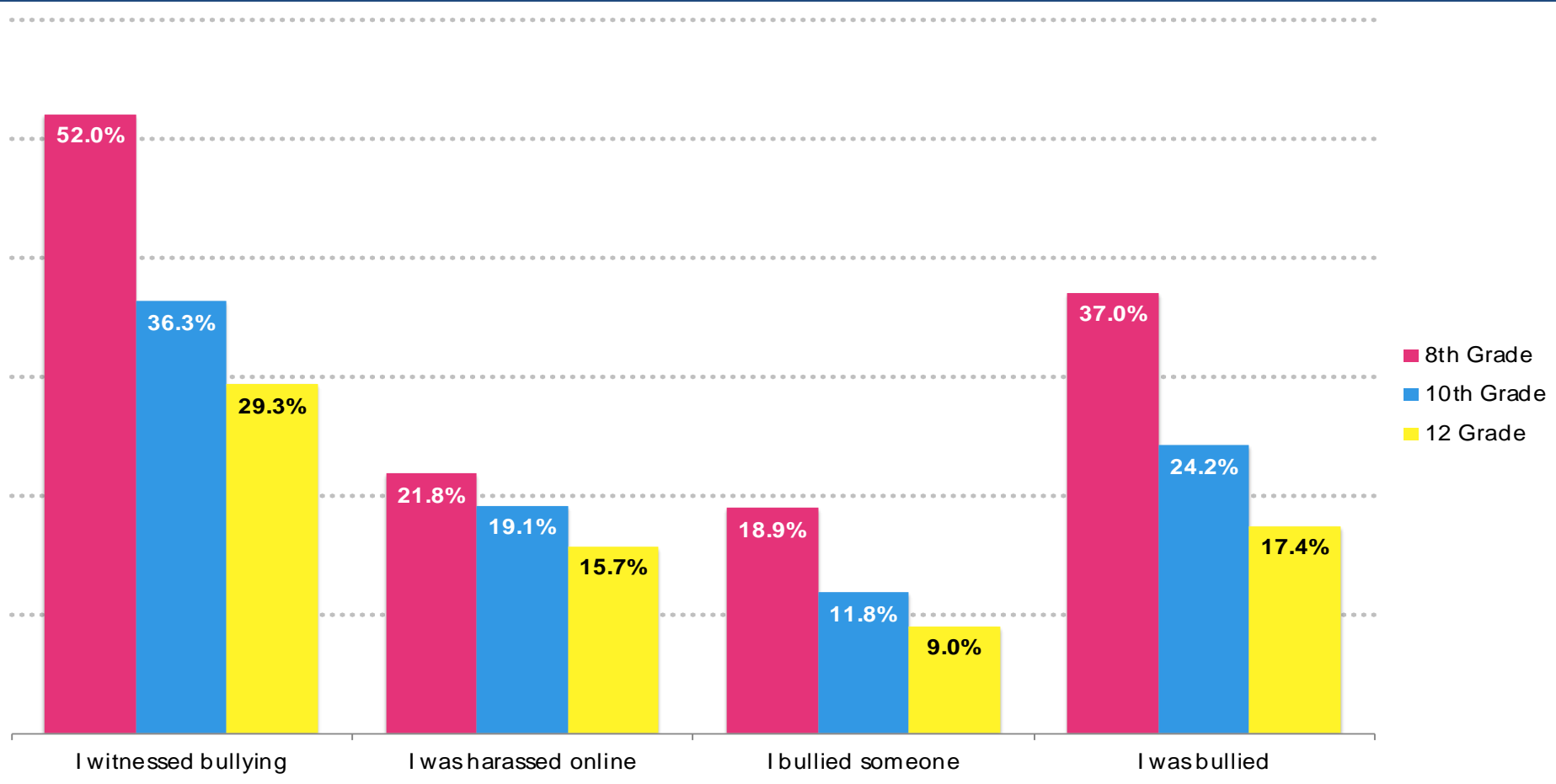
RATES OF BULLYING & CYBERBULLYING VICTIMAZATION AMONG YOUTH IN THE U.S.



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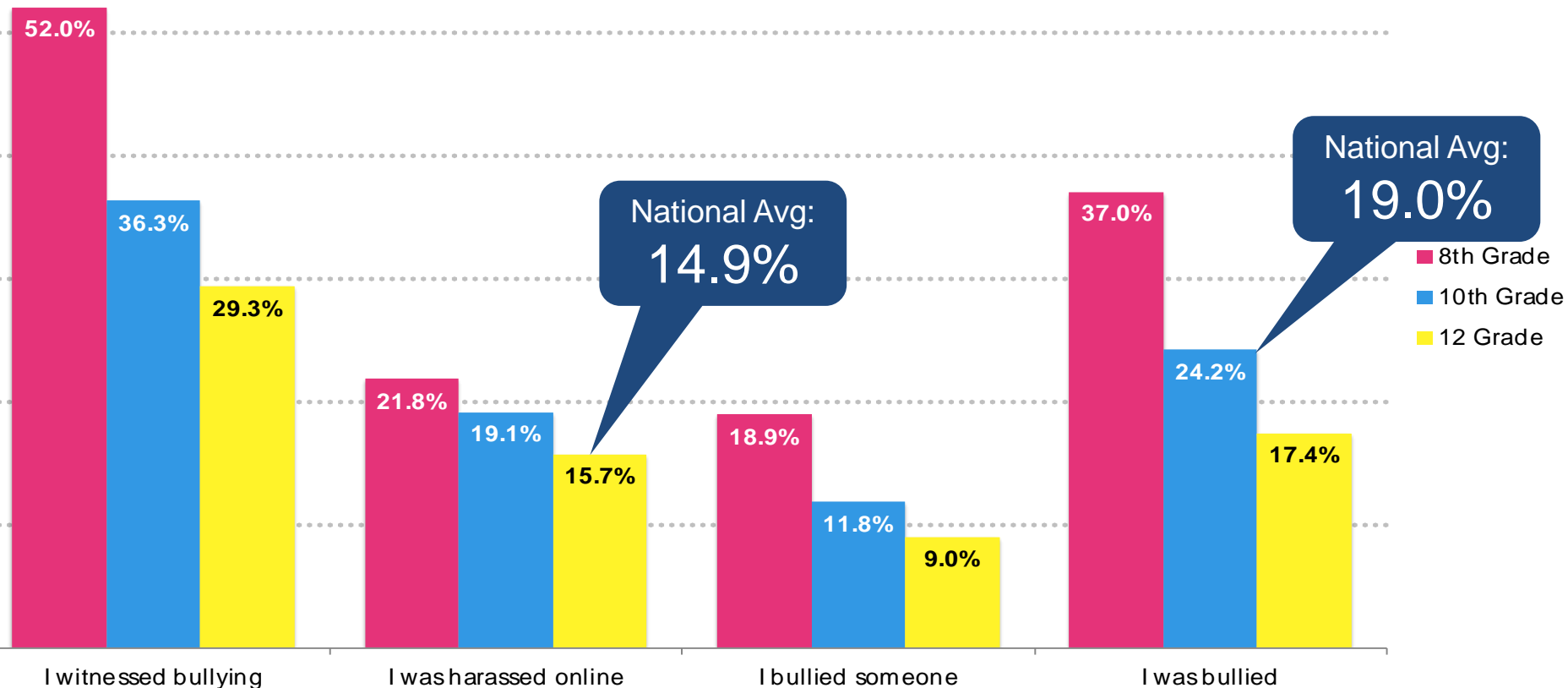
RATES OF BULLYING & CYBERBULLYING VICTIMAZATION AMONG ARIZONA YOUTH



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RATES OF BULLYING & CYBERBULLYING VICTIMAZATION AMONG ARIZONA YOUTH



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RATES OF TRAUMA

National Survey of Children's Health (NSCH)

- Asks parent respondents about one of their children
- Mail survey with web and phone options
- Does NOT address physical abuse or sexual abuse
- Data from 2016

Behavioral Risk Factor Surveillance System (BRFSS)

- Asks adults about their own childhoods
- Telephone survey
- Does NOT address societal ACEs or death of a parent
- Data from 2016

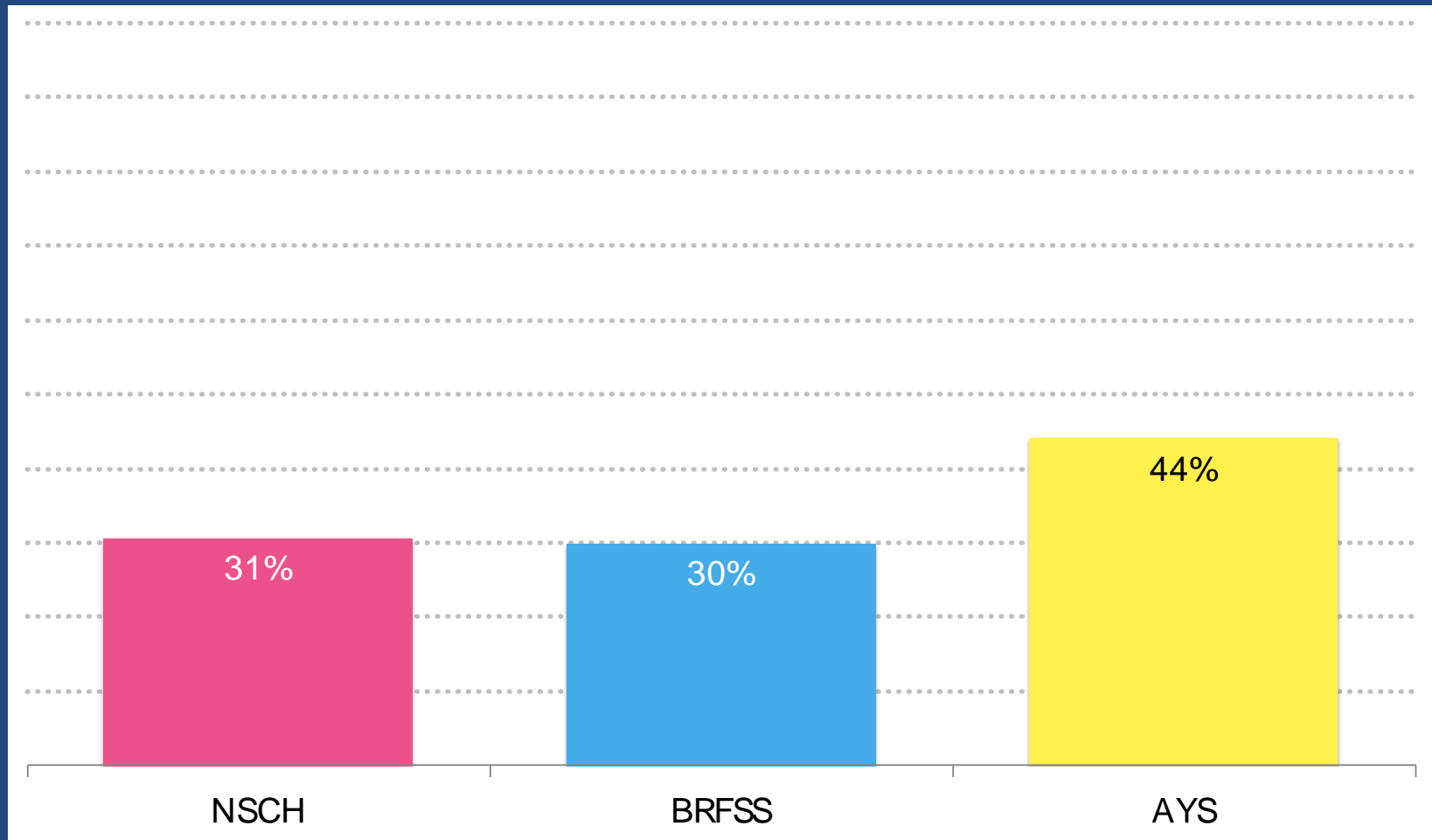
Arizona Youth Survey (AYS)

- Asks 8th, 10th, and 12th grade students about their own experiences
- Paper and web survey
- Does NOT address physical abuse or sexual abuse
- Data from 2016



ARIZONANS WITH 2 OR MORE ACEs

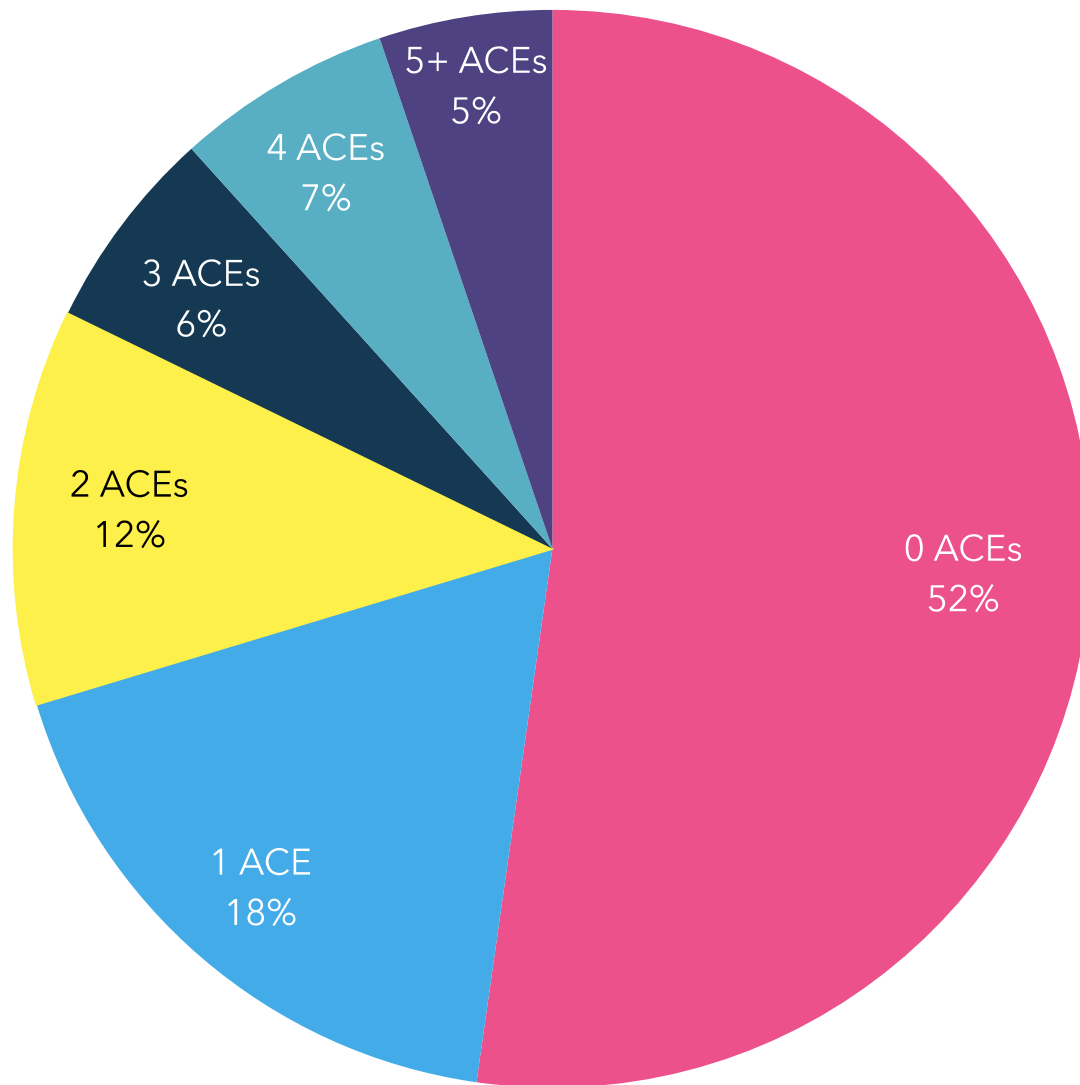
2016 DATA



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RATES OF ACES AMONG ARIZONA CHILDREN



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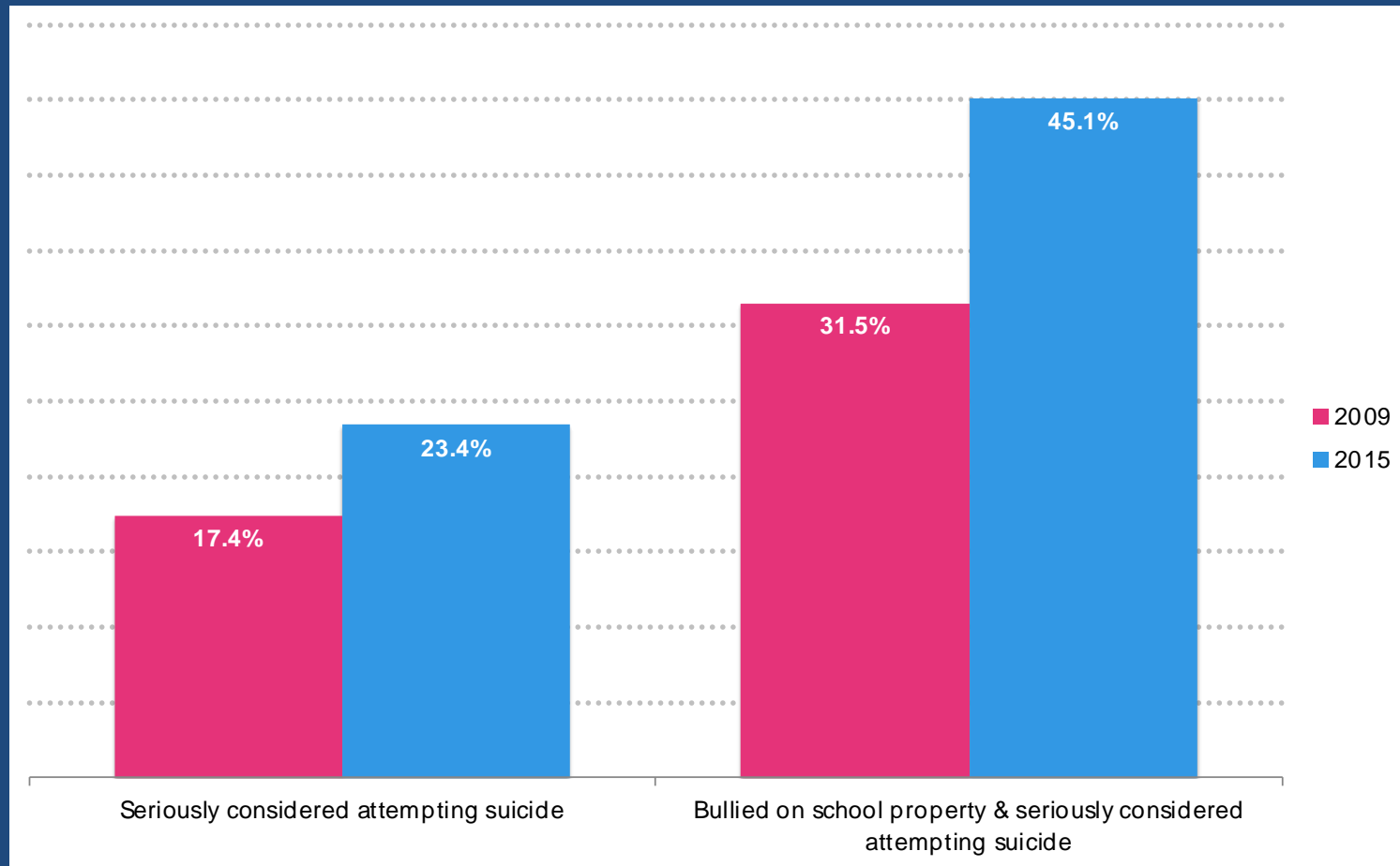
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What are the consequences?

- Bullies and victims have poor academic outcomes
- Schools with bullying problems perform worse overall
- Bullying is associated with juvenile suicide



RATES OF BULLYING & SUICIDAL THOUGHTS AMONG FEMALE YOUTH IN THE U.S.



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#MeToo



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What does NOT work?

- Mediation
- Focus on the bully
- Zero tolerance
- A speaker
- Implementing overlapping programs



What does work?

- Provide explicit instruction
- Laws
- Value diversity and reward inclusiveness
- Promote communication and teach relationship skills
- Engage bystanders
- Involve a trusted adult/ parents



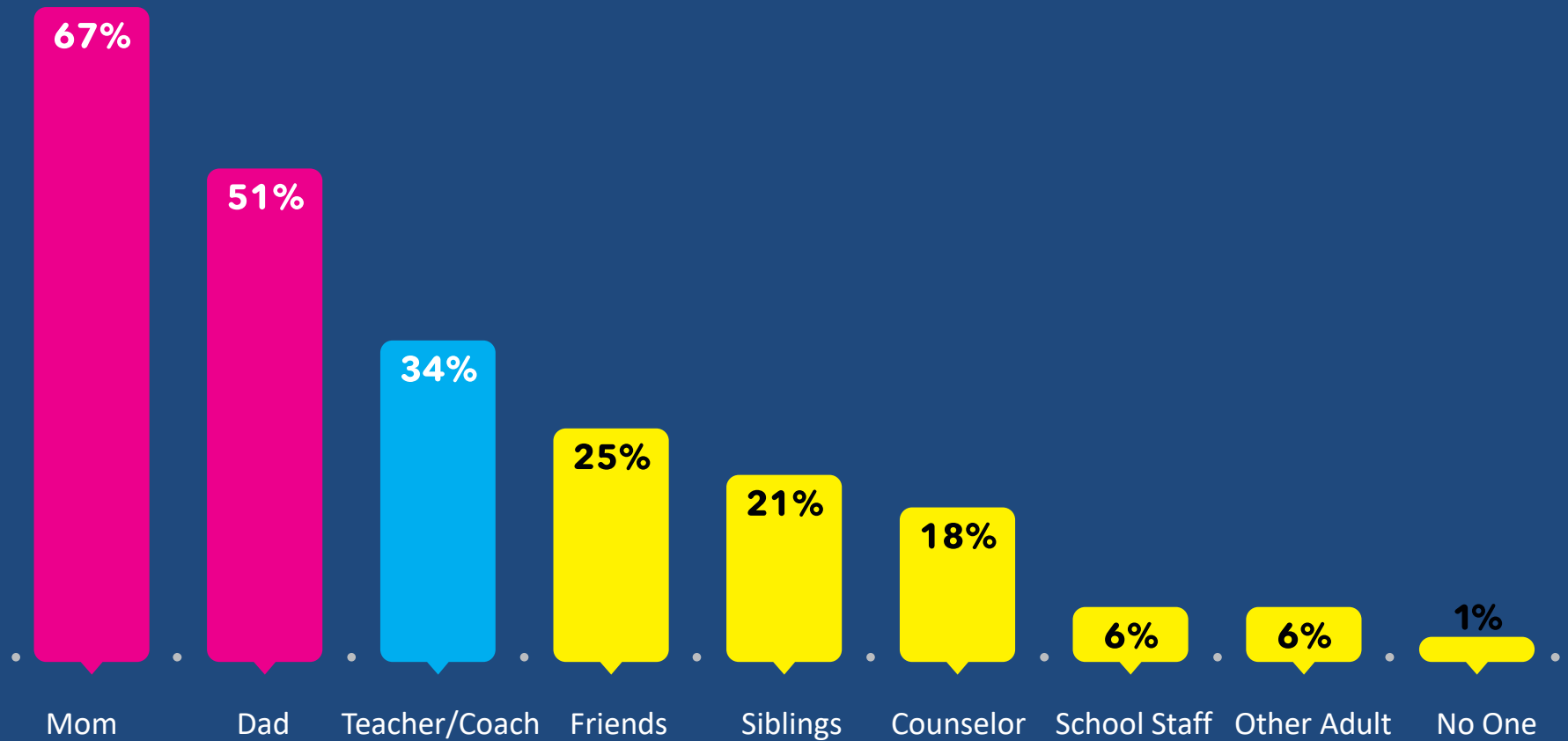
Arizona Revised Statutes §15-341. General powers and duties
Arizona Revised Statutes §15-2301. Hazing prevention policies

Arizona anti-bullying laws:

- Do NOT define bullying, but school districts are required
- Do require school districts to prescribe and enforce policies and procedures that prohibit bullying, address reporting and investigation, notify victims and victims' parents or guardians, and provide written copies of the rights and supports to all students
- Do NOT require school districts to implement bullying prevention programs or strategies
- Do NOT require school districts to train teachers or other school staff on how to prevent or respond to bullying
- Do NOT create expectations for parental involvement in addressing bullying behavior



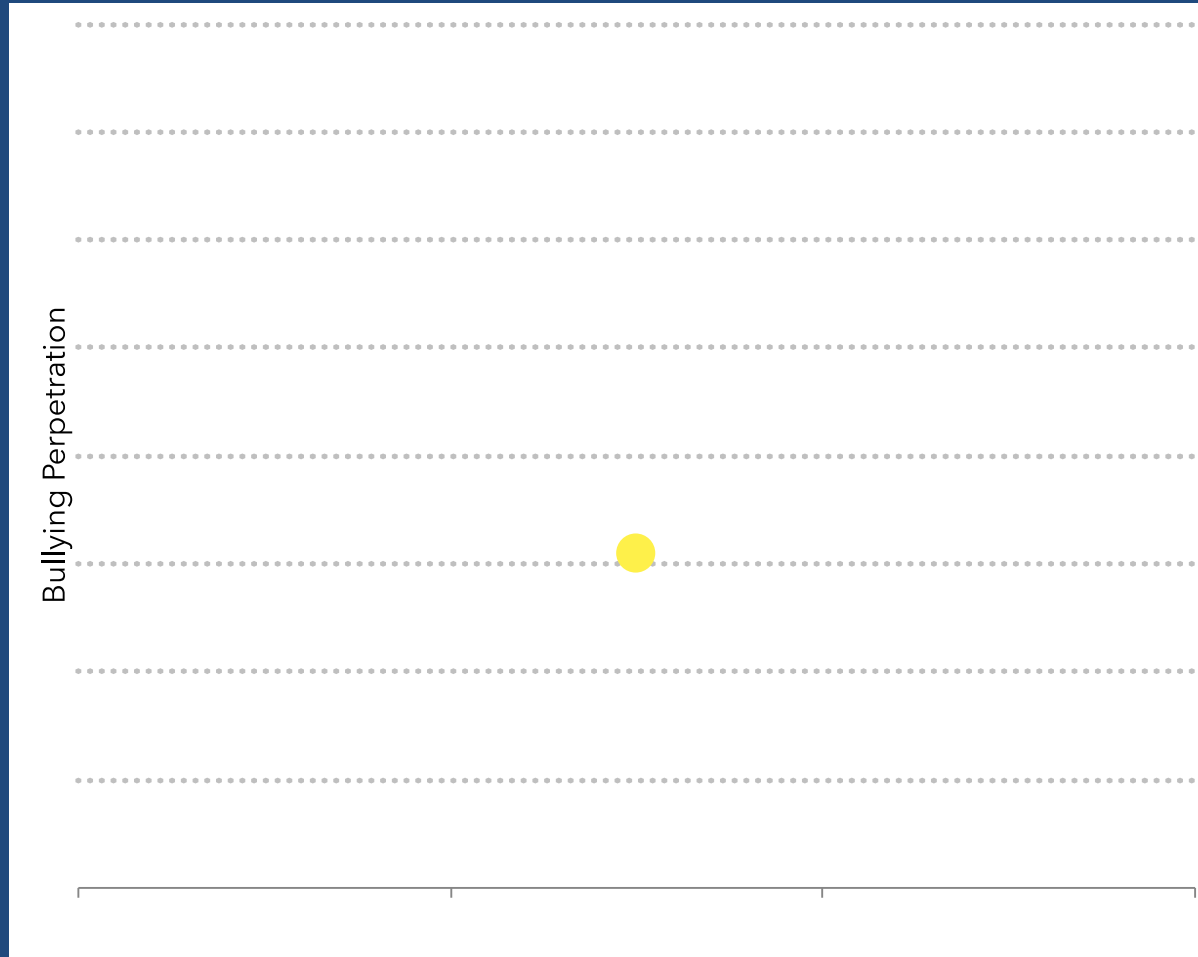
WHO STUDENTS WANT TO TALK TO ABOUT BULLYING



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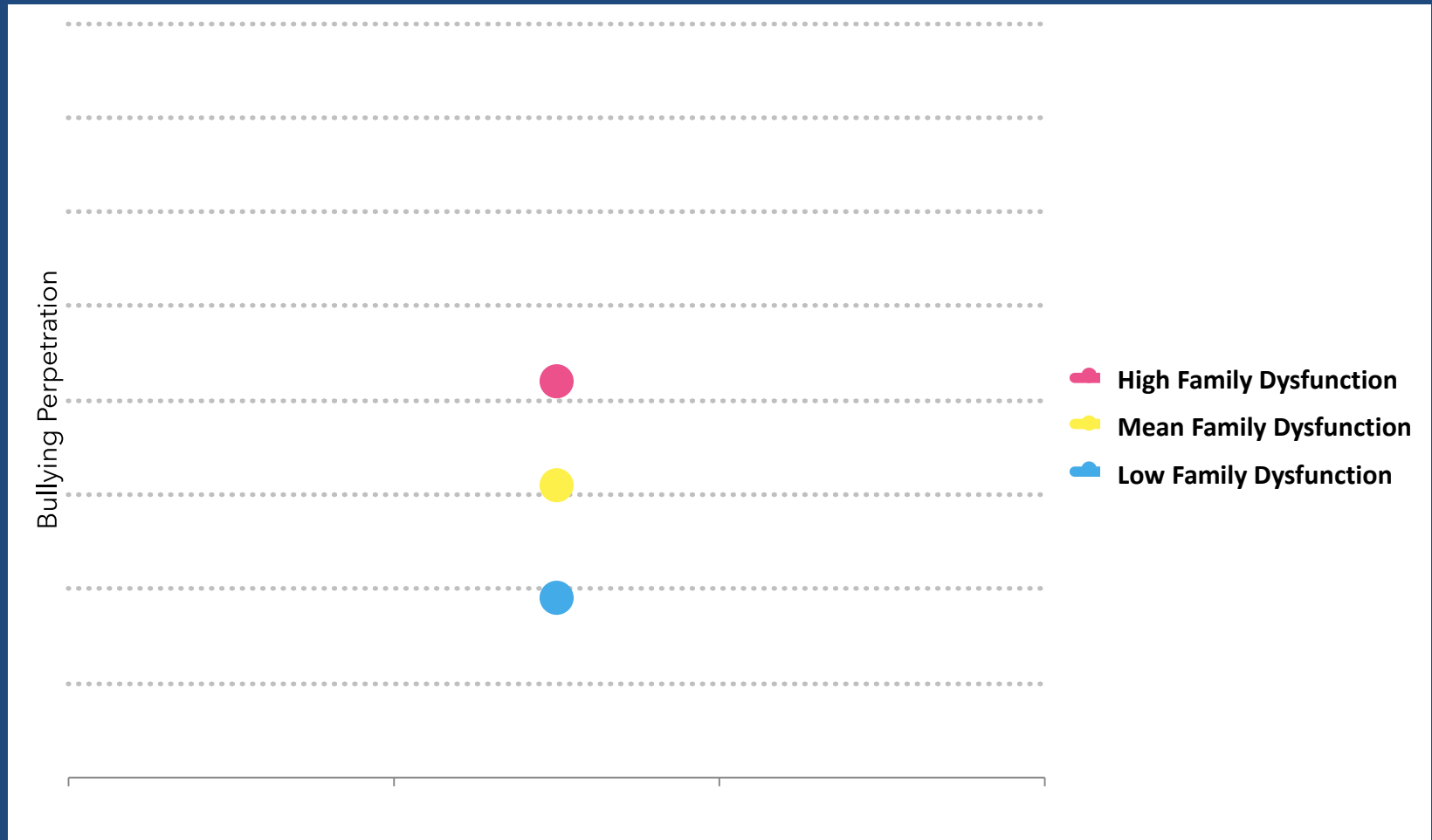
BULLYING



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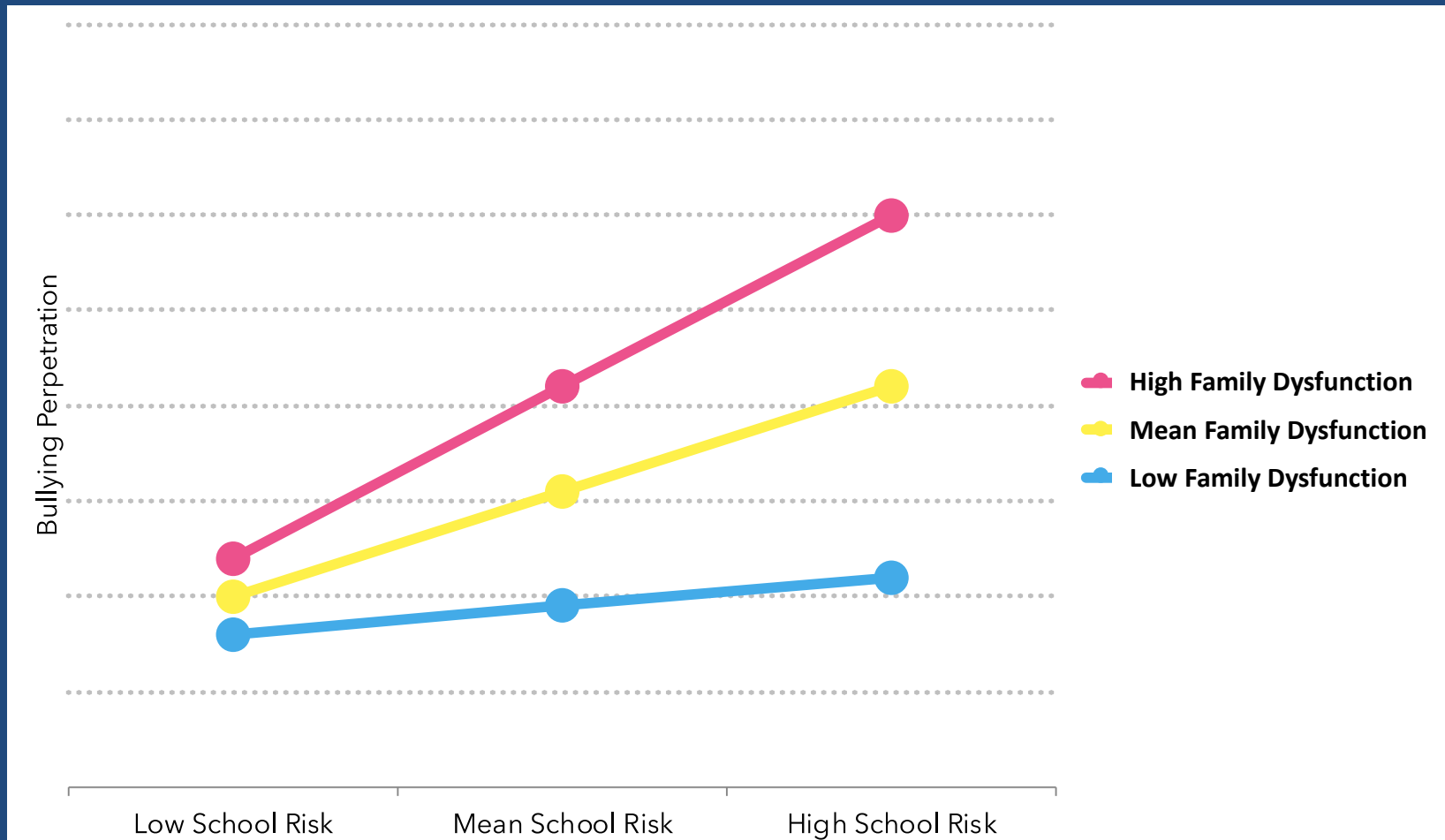
INTERSECTION AMONG BULLYING AND FAMILY DYSFUNCTION



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INTERACTION AMONG BULLYING, FAMILY DYSFUNCTION, AND SCHOOL RISK



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What are the signs?

- Damaged or missing clothing and other items and unexplained injuries
- Headaches or stomachaches
- Change in academic performance or attitude towards school



For more information on trainings

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Questions or comments?



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