



Arizona Alliance for
ADOLESCENT HEALTH

Youth and Health-Related Awareness Dates

Awareness dates are created and/or updated often. This list is up to date as of November 2022. For monthly awareness date alerts, we recommend signing up for [Healthy Teen Network's newsletter](#).

THROUGHOUT THE YEAR

- [HIV Awareness Days](#)

JANUARY

- [Cervical Health Awareness Month](#)
- [National Human Trafficking Awareness Day](#)
- [National Slavery & Human Trafficking Prevention Month](#)
- [National Stalking Awareness Month](#)
- [No Name-Calling Week](#)

FEBRUARY

- [American Heart Month](#)
- [Children's Dental Health Month](#)
- [International Adolescent Health Week \(AKA Teen Health Week\)](#)
- [National Eating Disorders Awareness Week](#)
- [National Condom Month](#)
- [Teen Dating Violence Awareness Month](#)

MARCH

- [Brain Awareness Week](#)
- [Endometriosis Awareness Month](#)
- [International HPV Awareness Day](#)
- [International Transgender Day of Visibility](#)
- [International Women's Day](#)
- [LGBT Health Awareness Week](#)
- [National Drug and Alcohol Facts Week®](#)
- [National Nutrition Month](#)
- [No More Week](#)

APRIL

- [Black Maternal Health Week](#)
- [Every Kid Healthy Week](#)
- [Global Youth Service Day](#)

- [National Minority Health Month](#)
- [Sexual Assault Awareness Month](#)
- [Sexually Transmitted Infections Awareness Month](#)
- [STD Awareness Week](#)

MAY

- [Bike & Roll to School Day](#)
- [Children's Mental Health Awareness Day](#)
- [National Adolescent Health Month](#)
- [National Trauma Awareness Month](#)
- [National Women's Health Week](#)
- [World No Tobacco Day](#)
- [#SexEdforAll Month](#)

JUNE

- [Family Health and Fitness Day](#)
- [Men's Health Month](#)
- [National Men's Health Week](#)
- [PRIDE](#)

JULY

- [International Non-Binary People's Day](#)
- [National Minority Mental Health Awareness Month](#)
- [National Youth Sports Week](#)
- [World Hepatitis Day](#)

AUGUST

- [International Youth Day](#)
- [National Breastfeeding Month](#)
- [National Health Center Week](#)
- [National Immunization Awareness Month](#)
- [Opioid Misuse Prevention Day](#)

SEPTEMBER

- [Bisexual Awareness Week](#)
- [Sexual Health Month](#)
- [National Hispanic Heritage Month \(Sept 15-Oct 15\)](#)
- [National Suicide Prevention Month](#)
- [Telehealth Awareness Week](#)
- [World Contraception Day](#)

OCTOBER

- [Asexuality Awareness Week \(AKA Ace Week\)](#)
- [Domestic Violence Awareness Month](#)
- [Health Literacy Month](#)
- [Intersex Awareness Day](#)
- [LGBT History Month](#)
- [National Coming Out Day](#)
- [Mental Illness Awareness Week](#)
- [National Health Education Week](#)
- [Red Ribbon Week](#)
- [Walk to School Day](#)
- [World Mental Health Day](#)

NOVEMBER

- [Diabetes Month](#)
- [The Great American Smokeout®](#)
- [International Day for the Elimination of Violence Against Women](#)
- [International Survivors of Suicide Loss Day](#)
- [Intersex Day of Solidarity](#)
- [National Native American Heritage Month](#)
- [National Adoption Month](#)
- [Solidarity Week](#)
- [Trans Day of Remembrance](#)
- [Transgender Awareness Week](#)
- [World Kindness Day](#)
- [National Child's Day](#)
- [#ThxBirthControl](#)

DECEMBER

- [Human Rights Day](#)
- [National Influenza Vaccination Week](#)
- [International Day of Persons with Disabilities](#)
- [Pansexual Pride Day](#)