



Adolescents need access to high-quality healthcare services to achieve optimal health and wellbeing, providing them an opportunity to thrive as they transition into adulthood. At Affirm, we believe healthcare providers play a key role in meeting the needs of adolescent patients and empowering them to establish lifelong health behaviors.

Affirm and the Adolescent Health Initiative partner to replicate the Adolescent Champion Model (ACM) in Arizona. The ACM builds the capacity of health centers to provide high quality, youth-centered care with the goal of improving the healthcare experience for youth and young adults. The ACM is a nationally replicated, evidence-based intervention aimed at evaluating and adapting health centers' cultures, environments, policies, and practices to better serve the unique healthcare needs of young people.



## OPPORTUNITIES

- Professional development and training on adolescent-centered care
- Interdisciplinary collaboration to drive organizational change
- Improvements in health center appearance, policies, practices, and culture
- Opportunity for CME, MOC Part IV, and QI projects
- Certification as an Adolescent-Centered Environment

## OUTCOMES

Improvements in:

- Well visits
- Depression screening
- Chlamydia screening
- Immunization completion
- Risk screening
- Patient satisfaction



## 100% OF ADOLESCENT CHAMPION HEALTH CENTERS IMPROVED THEIR ADOLESCENT-CENTERED CARE



Champion health centers participating in the ACM with Affirm reported improvements in:

- Provider knowledge of confidential care for minors
- Physical spaces being more welcoming for adolescents

By year-end, all 10 Champion health centers in Cohorts 1 and 2 were:



Routinely gathering feedback from adolescent patients



Annually training staff on minor's confidentiality rights



**INTERESTED IN IMPROVING ADOLESCENT CARE IN YOUR PRACTICE?**

Contact [ACM@affirmaz.org](mailto:ACM@affirmaz.org) or visit [www.healthyazyouth.org](http://www.healthyazyouth.org)

# ADOLESCENT CHAMPION MODEL

## PROGRAM COMPONENTS

### PRE-IMPLEMENTATION • 3 MONTHS



#### ADOLESCENT CHAMPION TEAM

A team of committed staff dedicate 1-3 hours monthly to implement the model.

Results help sites identify areas for improvement in environment, policies, practices, and culture.

#### DATA COLLECTION



#### ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP)

A baseline self-assessment determines priority areas for a customized implementation plan to enhance youth-centered care.

### IMPLEMENTATION • 12 MONTHS

Two in-person trainings with a cohort of Champions from additional participating health centers.

#### COMMUNITY OF PRACTICE



#### CORE CONTENT MODULES

Three e-learning units prepare Champion Teams to facilitate Spark trainings and review progress.

Six packaged, 15-minute mini-trainings on youth-friendly care that are delivered by Champions to staff and providers.

#### SPARK TRAININGS



#### TECHNICAL ASSISTANCE

Staff provide technical assistance to Champion Teams via conference calls, resources, and emails.

### WRAP-UP • 3 MONTHS

Results quantify the impact of the Champion model on environment, policies, practices, and culture.

#### DATA COLLECTION



#### ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP)

The year-end self-assessment results in an updated implementation plan to guide additional improvements.

Health centers that complete the Champion model are eligible for certification.

#### ADOLESCENT-CENTERED CERTIFICATION



*"The Adolescent Champion Model really opened my eyes to what it means to provide adolescent-centered care – how to be intentional and make it a priority. The education has been eye opening and there have been amazing benefits for myself and my team as a result of our participation."*

–Pediatrician, Mariposa Community Health Centers