

FOOD & NUTRITION RESOURCES

National Online Resources

USDA National Hunger Hotline

- Call: 1-866-3-HUNGRY (English) or 1-877-8-HAMBRE (Español) from 7AM to 10PM EST.
- Text: "97779" to the automated service with a question that may contain a keyword such as "food", "summer", "meals", etc. to receive an automated response to resources located near an address and/or zip code.
- The hotline is a resource for individuals and families seeking information on how to obtain food. The National Hunger Hotline staff connects callers with emergency food providers in their community, government assistance programs, and various social services. Staff can also connect you with summer meal programs for children 18 years and younger.

FeedingAmerica.org

- www.feedingamerica.org
- Food Bank Hub is a food bank locator and link to other tools and resources

FoodPantries.org

- www.foodpantries.org
- National-level resource for locating food pantries and community meal programs

Arizona Online Resources

AZFoodBanks.org

- www.AZfoodbanks.org (Click Get Help then, Find a Food Bank)
- Resource for finding Arizona food banks near you

WIC

- www.azwic.gov
- Call: 1-800-252-5942 (English / Español)
- The Arizona Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides nutrition
 education and breastfeeding support services, supplemental nutritious foods and referrals to health and
 social services. WIC serves pregnant, breastfeeding, and postpartum women; infants; and children under the
 age of five who are determined to be at nutritional risk.

SNAP (Supplemental Nutrition Assistance Program)

- https://www.fns.usda.gov/snap
- Government-funded program providing supplemental food vouchers. Must contact local SNAP office to check eligibility, find an application assister and/or apply (links below).
- Arizona Department of Economic Security: https://des.az.gov/services/basic-needs/food/nutrition-assistance
- OR Health-e-Arizona PLUS, an AHCCCS website: https://www.healthearizonaplus.gov/Login/Default

Community Supplemental Food Program through St. Mary's Food Bank Alliance

- 602-242-FOOD (3663)
- Network of food banks serving Maricopa County

AZ Health Zone

- http://www.eatwellbewell.org/
- The AZ Health Zone supports moms and communities across Arizona to make healthy changes in homes and neighborhoods. From local gardens in your community, to working with your kids' schools to create healthy environments, the AZ Health Zone provides your family opportunities to be active and healthy your way.

Updated: 11/5/2020



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Central Phoenix	West Valley
All Tribes Assembly of God Church	Agua Fria Food and Clothing Bank
1710 W. Highland Avenue	405 E. Harrison Dr.
Phoenix, AZ 85015	Avondale, AZ 85323
Phone: 602-728-0699	Phone : 623-932-9135
Cross Streets: 17 th Ave and Camelback Rd	Cross Streets: Dysart Rd and Main Street
Friendly House	All Faith Community Services: Goodyear
723 S 1 st Avenue	918 S. Litchfield Rd
Phoenix AZ 85003	Goodyear, AZ 85338
Phone: 602-257-1870	Phone: 480-652-2415
Cross Streets: 1 st Ave and Lincoln St	Cross Streets: Litchfield Rd and Yuma Rd
Cultural Cup Food Bank	Yuma Community Food Bank
342 E. Thomas Rd	2404 E 24 th St Suite A
Phoenix AZ 85012	Yuma, AZ 85365
Phone: 602-266-8370	Phone: 928-343-1243
Cross Streets: 3 rd St and Thomas Rd	Cross Streets: S. Engler and 24 th St
East Valley	North Valley
Christian Assistance Network	Desert Christian Fellowship
6659 E. University Drive	1445 W. Northern Avenue
Mesa, AZ 85205	Phoenix AZ 85021
Phone: 480-985-1660	Phone: 502-861-4008
Cross Streets: University and Power	Cross Streets: 15 th Ave and Northern Ave
East Mesa Food Bank	Extended Hands Food Bank
752 S. Ellsworth	16548 E Laser Dr #6
Mesa, AZ 85208	Fountain Hills, AZ 85268
Phone: 480-986-9827	Phone: 480-837-0303
Cross Streets: Broadway and Ellsworth	Cross Streets: Shea and Saguaro Blvd
Open Arms Care Center	Vista del Camino
522 N. Gilbert Road #103	7700 E Roosevelt St
Gilbert, AZ 85234	Scottsdale, AZ 85257
Phone: 480-539-0175	Phone: 480-312-2323
Cross Streets: Gilbert Rd and Guadalupe Rd	Cross Streets: Miller Rd and Roosevelt St
	South Valley
Tempe Community Action Agency	Tempe Lighthouse
2146 E. Apache Blvd	903 S. George Drive
Tempe, AZ 85281	Tempe, AZ 85281
Phone: 480-422-8922	Phone: 480-277-3775
Cross Streets: Apache Blvd and 101	Cross Streets: University and Price

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