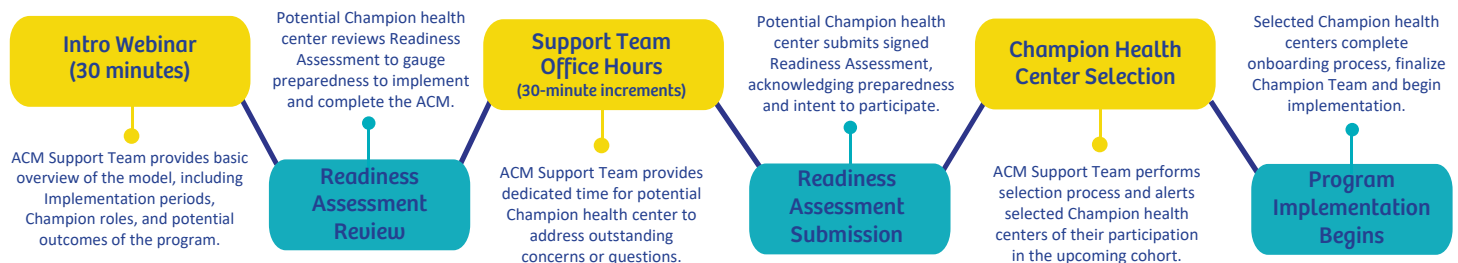


ADOLESCENT CHAMPION MODEL

READINESS ASSESSMENT

THIS DOCUMENT IS FOR INFORMATIONAL PURPOSES ONLY.

The Adolescent Champion Model (ACM) is an 18-month program designed to address the unique healthcare needs of young people. The ACM is facilitated by the Adolescent Health team at Affirm, alongside their Clinical Consultant, and in partnership with the University of Michigan Adolescent Health Initiative. This group is referred to as the ACM Support Team and provides support and technical assistance to a cohort of Champion health centers making improvements to care delivery for adolescents. The ACM Readiness Assessment was developed to explain the ACM Program Requirements, assist your health center in assessing preparedness for participation in an upcoming cohort of the ACM, and aid the Support Team in the Champion health center selection process.



The following components are required for participation and completion of the ACM. Please review the program requirements and assess your health center's preparedness to complete them over the 18-month cohort. All components must be checked and the agreement below must be signed for consideration in the upcoming cohort.

Organizational and Personnel Program Requirements:

- Interest in improving care and meeting the needs of adolescent patients (ages 12-24) and empowering them to establish lifelong healthy behaviors.
- Ability to assemble a Champion Team that consists of (at least) a provider, practice manager, and 1 to 3 other key staff members (such as an MA, social worker, or nurse) to facilitate the model and any changes within your health center.
- Ability to assign one of those staff members to the Champion Lead role to move the project along and serve as main point of contact with Affirm.
- Willingness of Champion Team to commit 1 to 4 hours per month throughout the 18-month process for program management tasks.

Implementation Program Requirements:

These components are required during Pre-Implementation and Post-Implementation of the Model.

- Ability to collect approximately 50 youth surveys from adolescent patients either electronically or on paper (surveys will be provided in English and Spanish).
- Ability to survey all staff and providers at the target site on knowledge and attitudes on state minor consent laws as well as perceptions of youth friendliness at their clinic (survey will be provided electronically).
- Ability to pull one year of clinic-level patient outcome data including adolescent-specific quality (HEDIS) data on chlamydia screening, HPV vaccination, well visit, and depression screening.
- Willingness to participate in a 2-hour self-assessment of your organization's environment, policies and practices related to youth-friendly services, facilitated by the ACM Support Team

These components are required during the twelve months of Implementation of the Model.

- Capacity to participate in two full-day in-person Summits in Months 1 and 7 of the Implementation Period
- Capacity to participate in two 30-minute check-in calls in Months 4 and 9 of the Implementation Period
- Capacity to complete three, 1-hour Core Content e-modules with your selected Champion Team in Months 2, 4, and 9
- Willingness to facilitate and complete six 15-minute Spark trainings with all staff at your health center in Months 3, 5, 6, 8, 10, and 11

NOTE: If you or someone on staff has any concerns with the requirements above, please reach out to us to explore how we may adapt the programming to your needs.

ADOLESCENT CHAMPION MODEL

PROGRAM COMPONENTS

PRE-IMPLEMENTATION • 3 MONTHS



ADOLESCENT CHAMPION TEAM

A team of committed staff dedicate 1-3 hours monthly to implement the model.

Results help sites identify areas for improvement in environment, policies, practices, and culture.

DATA COLLECTION



ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP)

A baseline self-assessment determines priority areas for a customized implementation plan to enhance youth-centered care.

IMPLEMENTATION • 12 MONTHS

Two in-person trainings with a cohort of Champions from additional participating health centers.



COMMUNITY OF PRACTICE



CORE CONTENT MODULES

Three e-learning units prepare Champion Teams to facilitate Spark trainings and review progress.

Six packaged, 15-minute mini-trainings on youth-friendly care that are delivered by Champions to staff and providers.

SPARK TRAININGS



TECHNICAL ASSISTANCE

Staff provide technical assistance to Champion Teams via conference calls, resources, and emails.

WRAP-UP • 3 MONTHS

Results quantify the impact of the Champion model on environment, policies, practices, and culture.

DATA COLLECTION



ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP)

The year-end self-assessment results in an updated implementation plan to guide additional improvements.

Health centers that complete the Champion model are eligible for certification.

ADOLESCENT-CENTERED CERTIFICATION



"The Adolescent Champion Model really opened my eyes to what it means to provide adolescent-centered care – how to be intentional and make it a priority. The education has been eye opening and there have been amazing benefits for myself and my team as a result of our participation."

–Pediatrician, Mariposa Community Health Centers