



Teens, Privacy, and Health: What You Need to Know



Your Right to Respect & Privacy

- You have the right to be treated with respect regardless of race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status, or parental status.
- At this health center, you can talk to your provider alone, without your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult.
- You can review your health center records and have your care options explained to you.
- If you feel you have been mistreated, please inform the health center staff.



When We Might Have to Share Information

Private information you share with our health center staff will remain confidential and not be shared without your permission (giving consent) except for in the cases listed below:

- You tell us, or we suspect that an adult is hurting you.
- You tell us that you want to hurt yourself.
- You tell us you want to hurt someone else.
- You are a minor (under 18) and have had sexual contact with a person who is 18 or older.
- You are a minor (under 18) and have had sexual contact with a person who is 13 or under.



Services You Can Choose to Access

According to Arizona law, you have the right to the following services without the permission of a parent or legal guardian:

- Emergency services (if a parent/guardian cannot be reached)
- Testing and treatment for sexually transmitted infections (STIs)
- Exams and treatment for sexual assault if you're at least 12 and a parent/guardian cannot be contacted within the timeframe necessary to provide treatment

Minors are also generally able to consent to:

- Contraceptives and family planning services, including emergency contraception
- Pregnancy services and prenatal care



Medicaid & Title X Information

If you are using Medicaid or receiving services at a Title X health center, all forms of contraception are available without the permission of a parent/guardian. Also, Title X clinics have additional protections around confidentiality.

Some insurance plans may mail information about your visit to your house. Talk to your provider if you are especially concerned about confidential care